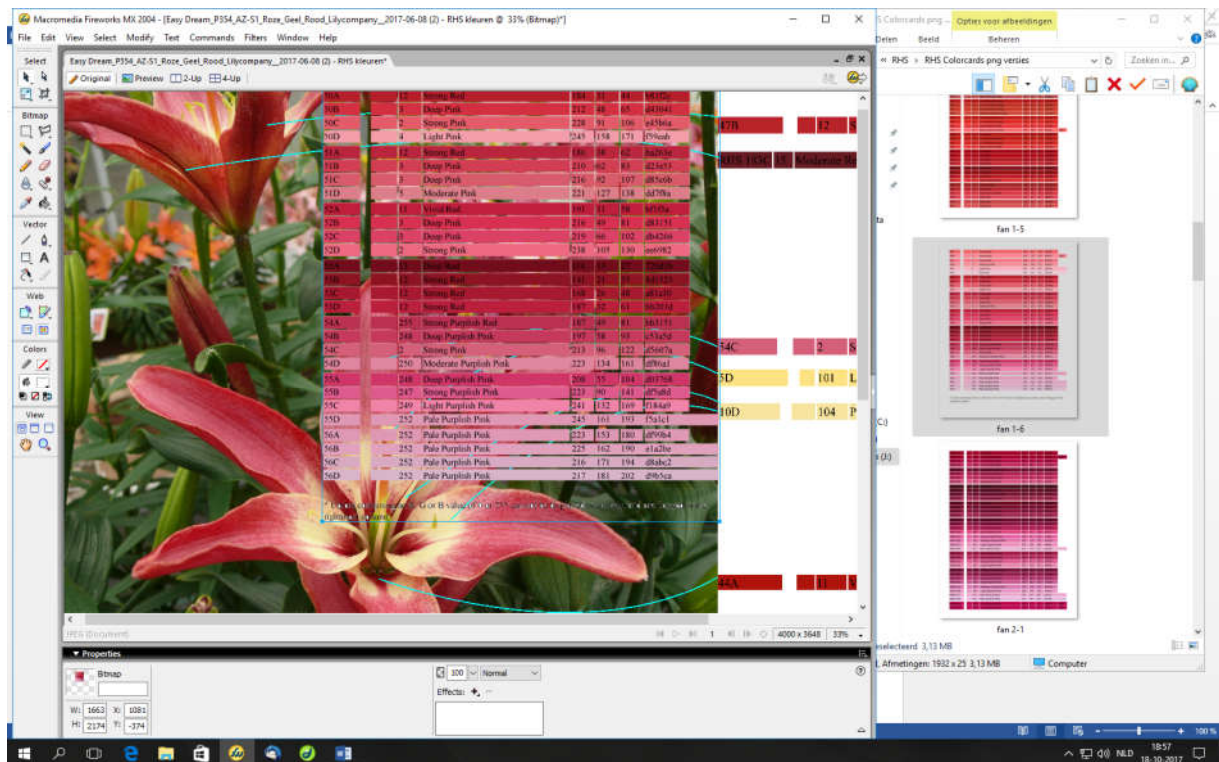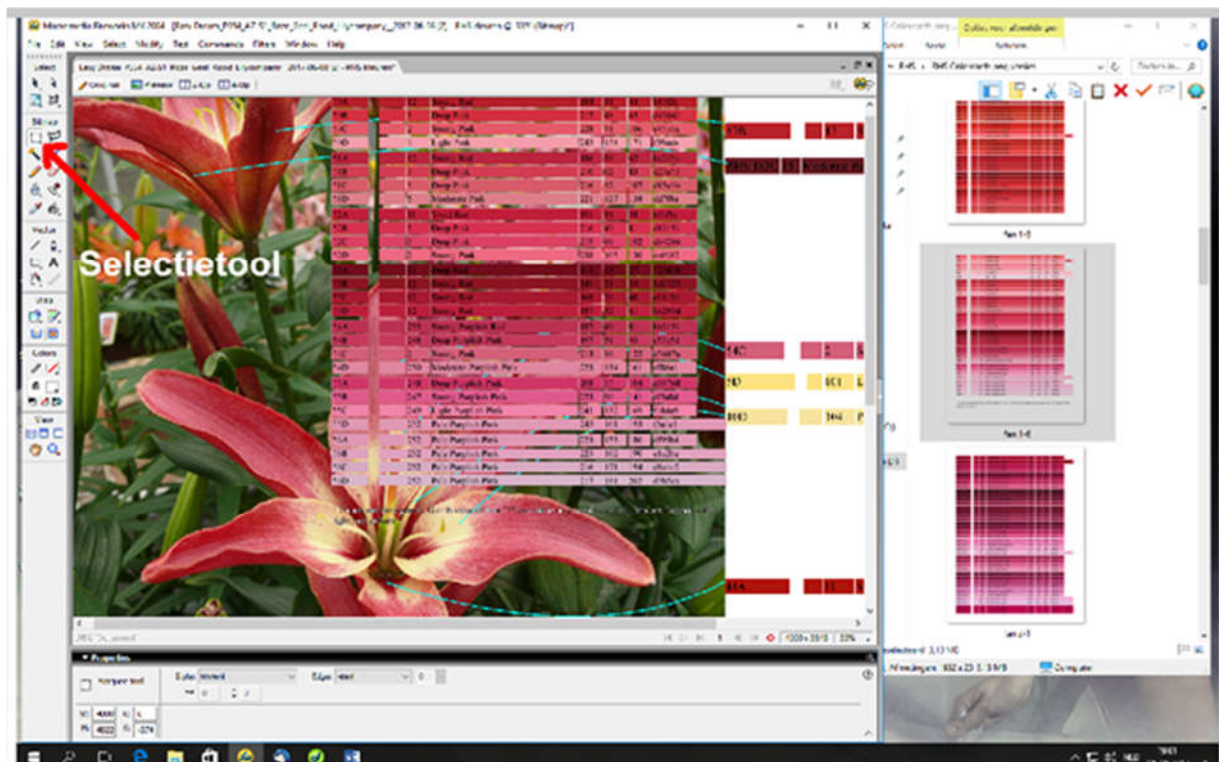Open the photo with Fireworks and open the folder with digital RHS color maps next to it. Determine which card comes closest to the color to be determined, in the example the inside of the petal.

Drag the relevant digital color card into the photo editing program and move it over the petal so that you can identify the closest color.

Then cut it out with the selection tool by selecting it and typing CTRL X. Now paste the cut-out color value back into the document with CTRL V and place it next to the photo, after which you can indicate with the line tool which color belongs to which part of the plant.